

Diabetes Health

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OCTOBER / NOVEMBER 08 \$3.95

DiabetesHealth Forums

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Welcome to Diabetes Health Forums! This is a discussion board where professionals and patients can hash out pressing problems affecting our community and our health. Join a conversation in one of the rooms on the menu to the left, or start one of your own.

New to the Forums?
Any Other Questions?

READ MORE ABOUT OUR F

POST A NEW THRE

Most Active Forums

- Food** — 14 posts within the last month
- Community** — 11 posts within the last month
- Products** — 10 posts within the last month
- General** — 7 posts within the last month
- Health Care** — 3 posts within the last month
- Complications & Care** — 2 posts within the last month
- Psychology** — 2 posts within the last month
- Medications** — 1 post within the last month
- Fitness** — 1 post within the last month

Recent Posts

From **Positive by example** in the Psychology forum:

jimmysdevoted

When I was openly diagnosed in 2000 as diabetic, I had a long understanding of diabetes. Everyone on my father's side of the family was diabetic. I was 16th grade confirmed.

Anyway I had this great DE. She came in and said you have to consider it's like color and hair color. It's a part of you. But you can let it control you or you can control it. You need glasses right, you need insulin.

Well that was it for me. I accepted it and went about my daily routine. Okay things to do during the day that I didn't have before. but it wasn't all that bad. I watch my diet.. been doing that all of my life. I had to exercise.. hummingbird all my life.

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